

1. What was / has been your occupation before entering politics? I am a forestry technician, currently a stay-at-home mum. I am also a proud advocate for quality public education & rural schools in my riding.

2. Do you live in the riding and, if so, how long has it been your home? I live in my riding of Leeds-Grenville-Thousand Islands & Rideau Lakes. My family and I moved here 6 years ago after a decade in Alberta.

3. What has been your main involvement with your community outside of work (volunteer activities, etc.)? I have been extremely active in local advocacy, including spearheading the fight to save our local elementary school from closure by the Wynne government.

4. In your life what event, or book, or speech, or song or even TV show has made the biggest impression on you and your political thinking? Why? The biggest reality check for me politically was living in Alberta, where the system greatly favours privatization and leaves many people out in the cold. Between education, healthcare and taxes, my experience living there has shaped me and created personal motivation to ensure our country is one that cares for all its citizens. In Canada right now, many can't afford housing, dental care or medications. Minimum wage have been left in the dust by inflation. Our political system is top-heavy with players beholden to the corporate elite, with policies to match. We can and must do better.

5. What previous politician, (alive or dead, but not currently in parliament) is a role model for you? Tommy Douglas: his assessment of politics is as true today as it was back then. If you haven't yet, I encourage everyone to listen to his story "Mouseland" and see the startling comparisons to our current political climate. We are clearly mice, trading off between consecutive governments of black and white cats. Neither one is inclined to do much for us yet we keep electing one or the other. Tommy could see that and fought for others see it too. His influence as the father of Medicare is one of the most critical pillars of our Canadian identity.

6. What policy in your party's platform do you think matters most to the people in your riding? I would say head-to-toe healthcare, much as it does for so many Canadians. How many people are in hospital over their lifetime due to untreated dental complications or the financial inability to fill the prescription given to them by their doctor? How much does that cost our healthcare system compared to just funding the preventative care and ensuring all Canadians can achieve optimum health with dignity? It infuriates me to talk to people who are in excruciating pain that they can't afford to treat, or they go without food to be able to pay their bill at the pharmacy.

7. Recent polls suggest many Canadians are disillusioned with politics. If elected, what would you do to address those concerns? I completely understand how they feel- I do too. In fact, that's exactly why I jumped into the political ring. We're sick to death of being governed by career politicians who are just there for personal advancement. As many of my constituents have already learned, I'm not like most politicians. I engage with every person in an attempt to find middle ground and my interest in helping others is what fuels me forward. The NDP plan for electoral reform, a promise broken by Trudeau, would also go a long way to making people feel that their vote is truly counted.